



***Say Yes to quality Home Care services that ensure your independence.***



## ABOUT US

CVSandton Healthcare services provide quality home care services for the elderly and adults who need care and support at home. Our expert and trained Carers assist you or your loved ones to remain at home as long as possible. This is achieved by maintaining your safety, well-being, and comfort as you continue to live independently. We promote freedom despite challenges such as limited mobility, life-limiting conditions, or age-related conditions.

[WWW.SANDTONHEALTHCARE.COM](http://WWW.SANDTONHEALTHCARE.COM)



## Who do we care and support for?

We care for adults who need support to continue living independently in their homes. This includes

- Elderly persons
- Persons complex medical conditions such as Parkinson's
- Persons with physical disabilities
- Persons with learning disabilities
- Persons requiring support after hospital admission or operation
- Persons with a terminal illness

Our services vary from individual to individual depending on your care needs and requirements. We create a care plan that is tailored to your preference and ensure that it promotes your independence.

## Personalised Care Plans that meet your needs

We will do a one-on-one free no-obligation assessment with you in the comfort of your home. Our Care Manager will do a comprehensive assessment to evaluate your care needs. Friends and family can be also interviewed were necessary. The input collected will be used to develop a care plan customised for you.

Our Care plans include:

- Personal care such as dressing and grooming to promote a positive outward look.
- Companionship to promote mental health and social well-being.
- Safe transportation and chaperoning to and from appointments or social activities.
- Social support to assist with keeping in touch with family and friends.
- Medication management and medication safety.
- Mobility assistance to prevent falls and injuries.
- Nutrition and hydration.
- Housekeeping to keep your house in order and tidy.
- Specialised services including Alzheimer's and dementia care.



# OUR SERVICES

## **LIVE-IN CARE**

When you need full-time care to remain in your own home, liveincare is the ideal solution for people of all ages, with a broad range of dependency levels and attention needs. Our Live-in care services will provide a trained live-in carer to help you live life as you choose in the comfort of your own home, enabling you to enjoy being with your husband or wife, garden, pets, intimate circle of friends and neighbours.

You can have live-in care for as long as you like, whether it's two weeks, a month or even just as a respite break to cover while the family carer has their holiday – it's entirely up to you.

## **DOMICILIARY CARE**

Sandton Healthcare provides domiciliary care services by a professional Carer working to an agreed care plan. How you get your care is determined by your care requirements. Your carer may visit you once per day or several times, each visit may vary from 30mins to many hours. It can be short-term that is you might need assistance after hospital admission or long-term if you need continuous support.

*Customised home care services and solutions.*

## **RESPITE CARE**

Sandton Healthcare provides short-term relief for primary caregivers. Caring for a loved one can be the most rewarding experience in one's life, however, it can be stressful and demanding. Primary caregivers need to seek regular respite services and take a break from their demanding care duties and focus on themselves and pursue other important aspects of their lives. This will help in avoiding caregiver burnout.

## **SPECIALIST CARE**

We provide specialist care when you or your loved one has life-limiting or long-term conditions. Our services enable you or your loved ones to receive the care and support they need in the familiar surroundings of their own homes. Our Carers are registered nurses or healthcare assistants via a clinical competency-based trained training programme.

## **PALLIATIVE CARE**

Palliative care is a highly personal form of care that Sandton Healthcare provides. We are there to support you or your loved one in your last days. Our palliative Carers are trained to deliver the support needed in the face of a terminal illness. The services we provide, be it an extra pair of hands or more complex care aim is to accommodate your or your loved one's wishes to feel safe, comfortable, and care for. We cater to your physical and mental health needs and are also trained to assist with the specific needs of different ailments.

## **NIGHT CARE**

Night time can be a time for risk for seniors. Anxiety, depression, paranoia, and delusions are more acute at night. According to research individuals with dementia experience confusion more at night. Also, there is the risk of falls when doing activities such as getting in and out of bed, going to the bathroom, or moving up or down the stairs at night. Sandton Healthcare provides night care services to help you or your loved one keep safe and provide relief for family caregivers.



01.

Call us on  
07983 615 783

Email us at  
[info@sandtonhealthcare.com](mailto:info@sandtonhealthcare.com)

And we will arrange a no  
obligation free assessment within  
24hours

02.

Once the care consultation date  
is confirmed, our Assessment  
team will visit you at your home to  
discuss your care needs, the care  
suitable for you, and the costs.

03.

A care plan will be formulated  
using feedback from your care  
consultation.

04.

You will be matched with a Carer  
with similar interests and  
preferences as you. Care will  
commence.

05.

Monitoring and evaluation to see  
if you are being given the best  
care you deserve.

